



**FORMAN
SCHOOL**

**2024 - 2025
WINTERIM COURSES**

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Winterim Philosophy

All Forman students and faculty are required to participate in Winterim, the centerpiece of Forman School's commitment to experiential education. Winterim is an exploration of subjects and ideas not taught in a traditional classroom setting, allowing for the examination of important issues and the pursuit of new endeavors. Because students with different learning styles tend to excel as innovators, entrepreneurs, creators, and leaders, Winterim is designed to give students experience in and an opportunity for applying skills that lay a foundation for their talents.

Winterim is more than a timely educational break in the academic routine. It is an intentional program designed for students to discover and develop their individual interests and talents.

The prices quoted are estimates. Registrations usually determine final costs, and parents will be notified of the actual cost when permission forms are signed, schedules are finalized, and itineraries are produced. In addition, as travel has been greatly disrupted due to ongoing consideration of the pandemic, providing accurate pricing far in advance of the actual trip is difficult, and the final cost may differ from the estimate provided for travel Winterims.

Winterim courses are graded and earn 1.5 credit that is reported on transcripts. Parents should take an active and early role in helping their children select a Winterim project that will be engaging and beneficial. Students make their Winterim selections during the Course Sign-Up Process in the spring with input from the Director of Studies and their family.

Selection and Finances

It is important for students to carefully consider choices, as they may not get their first choice. Students may not enroll in the same course twice during their time at Forman School. Changing a Winterim selection after the deadline will result in parents being financially responsible for both choices. Winterim deposits are non-refundable and final payments are non-refundable after November 21, 2024. All financial deadlines and stipulations are laid out in the Winterim Commitment Contract.

Academic Credit

Winterim is a graduation requirement for each year that a student attends Forman. If a student does not earn credit for a Winterim course, they will be required to make up the missing requirement during the following summer. To make up for this obligation, students must work with the School to find an appropriate summer course for credit.

Students must understand that all school rules, including the prohibition of alcohol and illegal drugs, remain in force during Winterim for both on- and off-campus courses. Any violations will result in disciplinary action and could also result in the loss of Winterim credit, which will need to be made up.

Absences

Given the short, intensive nature of the program, students are not permitted to miss class days. Any absences may result in the loss of Winterim credit and will require summer makeup.

Legitimate illnesses and emergencies will be dealt with on an individual basis, but there may come a time when too much of the course has been missed. Early departure for vacation may result in automatic loss of credit.

Behavior Considerations

Students need to be in good standing to participate in a Winterim that involves more than three days of off-campus travel. At any point, a student on social probation may be ineligible for travel.

Travel Considerations

Any Winterim involving three or more days off-campus requires a non-refundable deposit. Travel in the United States requires a deposit of \$1,000 upon receipt of the invoice and commitment contract, and international travel requires a non-refundable deposit of \$1,500.

Failure to provide payments by the indicated deadlines will result in the student being placed on a waitlist and the possibility of having to pick a different Winterim. Some Winterim programs may also require a visa or visas. It is the responsibility of the student and their family to obtain a valid passport by the deadline.

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Health Advisory Considerations

Winterim courses involving travel have additional health and safety considerations that both students and parents need to be aware of when selecting a Winterim. Parents need to make the Student Health Center aware of any allergies, food restrictions, serious medical conditions, and medication requirements. As some Winterim programs are far from medical services, the Student Health Center may restrict travel for students with certain medical needs. Parents should follow the CDC guidelines regarding travel outside the United States and be aware of all requirements and recommendations for the countries their child will visit. Parents should consult with their physician and/or a travel clinic on these considerations. It is required that students traveling for more than three days off-campus have an annual flu vaccine and abide by any entry requirements of those countries visited.

Financial Risk and Insurance

Once a student has enrolled in a Winterim, Forman begins to make financial commitments based on the expectation of the student's participation in that course. For this reason, the family is responsible for the cost of the Winterim even if the student drops the course, regardless of the reason; if a student needs to enroll in another course, the family is also obligated to pay for the cost of the new course. Parents will receive a Winterim Commitment Contract and more Winterim project details throughout the fall that will clearly lay out all financial obligations, responsibilities, and deadlines. We advise the purchase of travel insurance for courses that require air travel from Allianz Travel, or another travel insurance company of your choosing.

Winterim Class Times

The Winterim program runs Monday through Saturday for two weeks. Monday through Friday class times are 9:00 a.m. - 3:00 p.m. and 9:00 a.m. - 12:00 p.m. on the first Saturday. Students are required to be present every day during the entire Winterim period and are graded for this course, earning 1.5 credits that are reported on their Forman transcript. Early departure for vacation may result in automatic loss of credit. Legitimate illnesses and emergencies will be addressed on an individual basis.

Students who are not in a traveling Winterim and are participating in an on-campus Winterim must attend their daily athletics commitment.

There are several on-campus venues open during the evening hours for students from 6:30 p.m. - 9:30 p.m. In-town shuttles and frequent trips to the movies, the mall, etc., will also be offered.

Important Points to Think about When Choosing a Winterim Course

Parents should actively help their student choose the courses that are best for them and affordable.

Students should follow their own interests when choosing courses. Courses popular with their friends may not truly match their own interests.

Read course travel advisories carefully. They provide necessary information about health and skill requirements.

Select all Winterim course choices carefully, as you may be placed in any of them, not necessarily your first choice.

Winterim Internships

Available only to Seniors and PG students

Initial internship proposals, in lieu of a Winterim course, must be presented to the Director of Studies by May 15th to make sure they meet specific guidelines. There is a separate program to follow if a student chooses a Winterim Internship. Full and final internship details must be presented to the Director of Studies by November 15th.

A presentation at an assigned Assembly is required in the spring. Communication between the internship contact and the Director of Studies takes place to be sure a thorough evaluation is completed and sent to the School for the student to receive a Winterim credit.

Students should understand that all school rules, including the prohibition of alcohol and illegal drugs, remain in force during Winterim (both on and off campus). Violations will result in disciplinary action and could result in the loss of Winterim credit or other disciplinary consequences.

OFF CAMPUS OPTIONS

Architecture and Automobiles: Germany's Engineering History Through Time

Germany

Cost: \$5,500 - \$6,000

12 Students

Germany is a land of contrasts, from bustling cities to serene landscapes, but the one thing that remains constant is its rich and storied history. This Winterim will delve into that unique history by combining the historic with the modern: automobiles and architecture. We will dive into the many facets of the automobile industry and immerse ourselves in the grandeur and architecture of storied castles. Participants will witness how tech and automotive companies propel us into the electrified and autonomous future. We will learn about automation and design with visits to Volkswagen, Porsche, Mercedes, BMW, and Audi factory headquarters and museums. At these locales, we will see their current and future electric vehicles by stepping onto the factory floor and witnessing the production process first-hand. We will meet with industry professionals in the realms of electrified transport, charging systems, and autonomous driving; and explore careers related to engineering, automotive design, and urban planning. Alongside the new technologies, we will also delve into what made Germany unique in the past. Germany's amazing castles beautifully encapsulate its rich history, accenting the landscape from the Alpine foothills of Bavaria to the rugged coastline of North Germany. Ultimately, students will learn and discover how Germany's history can be characterized by feats of engineering, technological, and architectural brilliance. The history of German auto inventors, extending into the current electric age, can be traced to their famous cities. The same can be said about the thousands of castles spread throughout the German landscape: they each vividly depict a moment in German history. Similar to the automobile industry, these castles remain important parts of German life. They now serve as government buildings, museums, landmarks, hotels, and, in more than a few cases, incredible private homes. By fully immersing ourselves in two unique aspects of Germany's past and present, we will gain an understanding of this country's rich and varied history.

Travel Advisory Considerations:

Students must abide by all EU entry requirements at the time of entry. Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.

Azores: Dairy, Dives, and Discovery

Portugal

Cost: \$4,000 - \$4,500

12 Students

Explore the beauty of the Azores all while supporting a local dairy farm! The farm service learning project will put students to work in the day-to-day operations of a dairy farm while teaching the students about organic milk production and regenerative farming. The trip will be run as a cultural and agricultural immersion program; students will help local communities build sustainable infrastructure while learning how these endeavors affect their local Azorean communities. Cultural and outdoor excursions include touring historic São Miguel, hiking Sete Cidades, swimming with dolphins, and exploring the island's natural beauty.

Travel Advisory Considerations:

Students must abide by all EU entry requirements at the time of entry. Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.

OFF CAMPUS OPTIONS

Chile and Easter Island: Legends and Landscapes

Chile

Cost: \$6,000

12 Students

Embark on an epic adventure to Chile and Easter Island, where students will explore culture, language, and myth in a country that offers a glimpse into the magic of our global heritage. In Chile, students will immerse themselves in Spanish language practice, discovering local customs and traditions while exploring landmarks and sampling traditional cuisine. Journeying to Easter Island, they'll delve into the culture of the Rapa Nui people, learning about the iconic Moai statues and the ancient rituals at some of the most famous world heritage sites. Guided tours and interactive experiences will unveil the mysteries of both destinations, offering insights into folklore, mythology, and archaeological treasures. Through cultural exchanges, students will actively engage with the living heritage of Chile and Easter Island. This educational adventure fosters a deeper understanding of the universal power of storytelling.

Travel Advisory Considerations:

Students must abide by all Chilean entry requirements at the time of entry. Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.

Gold, Glitz, and Glamour: America's Most Powerful Families. An Exploration into the Gilded Age

Hudson, NY; Boston, MA; Newport, RI; New York, NY

Cost: \$2,500 - \$3,000

10 Students

This program will take you on a journey through Massachusetts, Newport, the Hudson Valley, and New York City, where you'll be transported back in time to explore the luxurious mansions and lifestyles of the most powerful families from the Gilded Age. On this journey, you'll unravel the intricate layers of this transformative period in American history, exploring the histories of families like the Rockefellers, Vanderbilts, Carnegies, Astors, and Morgans, and studying the innovations that set this period apart. Through captivating narratives, compelling discussions, and immersive explorations, you'll uncover the Gilded Age's glimmering facades and hidden truths, gaining insight into its enduring impact on modern America's socio-economic landscape.

Ireland: The Enchanted Emerald Isle

Ireland

Cost: \$4,500 - \$5,000

12 Students

Ireland's history is one of legends, Celtic myths, artistic and literary exploration, stories of faeries, conflicts and resolutions. This winterim journey will allow students to travel through Ireland studying its history, culture, literature and lore. Starting in Dublin we will then traverse the countryside, visiting a variety of cities and landmarks along the way to discover all the treasures of the Emerald Isle.

Travel Advisory Considerations:

Students must abide by all EU entry requirements at the time of entry. Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.

OFF CAMPUS OPTIONS

Marching Towards Equality: Exploring the Civil Rights Movement in the South

Southern United States

Cost: \$4,000

10 Students

Social movements have molded the United States into what it is now, a nation of advocates and change-makers. Join us on an immersive journey through the heart of the Civil Rights Movement. Students will have the unique opportunity to visit historic sites and landmarks that played a pivotal role in shaping our nation's history. As we travel through several states in the South, students will have the opportunity to immerse themselves in Southern culture, appreciate the progress made in the fight for civil rights, and understand the ongoing work towards equality and inclusion. This Winterim experience will empower students to be active agents of change in their communities, fostering a sense of responsibility and awareness of social justice issues.

Match the Hatch: Tennessee Fly Fishing

Bristol, TN

Cost: \$4,750 - \$5,000

10 students

During this Winterim program, students will delve into the fascinating world of fly fishing in the Tennessee Valley, focusing on the intricate life cycle of trout. They will gain a comprehensive understanding of how stocking practices contribute to the health of stream ecosystems and support cold-water conservation efforts. Moreover, students will develop a deeper appreciation for sportsman etiquette, essential for fostering respect for nature and fellow anglers. Throughout the program, students will be guided in learning essential fly-fishing techniques and strategies, enabling them to effectively match flies to the hatch and optimize their chances of successful trout fishing.

Tanzania: Innovative Solutions to Sustainability and Climate Change

Tanzania

Cost: \$6,750 - \$7,000

12 Students

Climate change is one of the greatest challenges of the era we are living in. How can we as a global community come together to adapt and respond to climate change? How can we learn from the world around us and build this as a reflective habit? On this Winterim, we will learn from a variety of Tanzanian communities about how they are responding to climate change. We will explore the coast of Zanzibar, the city of Arusha, and the beauty of the Serengeti National Park to hear what challenges they are facing and what they are doing to address these challenges. Students will deepen their understanding of the term climate change and be able to bring diverse perspectives around the topic back home with them to their various communities.

Travel Advisory Considerations:

Students must abide by all Tanzanian entry requirements at the time of entry. Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.

Students should be prepared for rustic lodging.

OFF CAMPUS OPTIONS

The Forman Rainforest Project

Costa Rica

Cost: \$3,000 - \$3,500

10 Students

High adventure with a conservation mission. Have you ever wanted to be in the jungle and study one type of animal? How about helping to save that animal? In order to accomplish this goal, we need information based on collecting species or species pictures. We need well-trained students who can live in a rustic situation with some rain and be in the field collecting data. The data you collect goes to University data banks, which help keep track of species populations. This class and expedition is a once-in-a-lifetime event. It is a scientific mission while having a great time.

Travel Advisory Considerations:

Students must abide by all Costa Rican entry requirements at the time of entry. Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.

Students should be prepared for extensive walking/hiking and lodging in rustic accommodations.

Students enrolled in this Winterim must also enroll in the Tropical Ecology Seminar course during the regular academic year.

Visions of Italy

Italy

Cost: \$5,250 - \$5,500

12 Students

From the magnificently preserved ruins of Pompeii to the emperors' island of Capri, to the Renaissance monuments of St. Peter's and the Florentine Duomo, this Winterim introduces students to two crucial eras in world history: ancient Rome and the Italian Renaissance. The legacy of classical Roman culture has been a driving force in world history, art, and literature. On Capri, in Pompeii, and in Rome, students will encounter Roman feats of architecture, art, engineering, and urban planning. In Florence and Rome, they will study how Roman ideals and innovations influenced the work of such towering figures as Dante and Michelangelo, while also gaining an appreciation for how Italian culture has continued to resonate up until the present day. Students will reflect on the art they encounter in their own creative responses, whether as writers, artists, or filmmakers, further extending the creative reimagining of Roman culture.

Travel Advisory Considerations:

Students must abide by all EU entry requirements at the time of entry. Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.

ON CAMPUS OPTIONS

Bleacher Creatures & Cheeseheads: The History of Sports Fandom

Cost: \$300

10 Students

If shouts of “Touchdown!”, “Goaaaaal!”, or “It’s out of here!” give you a thrill, you probably count yourself as a member of a sports fandom. How and why do such strong communities come to be built around athletics? What draws the casual fan to jump on the bandwagon during times of success, and why do die-hards stick by teams with losing records year after year? This course will look at the roots of some of professional sports’ most famous fandoms and consider their role in shaping society today. With three Halls of Fame in driving distance plus easy access to Hartford Wolfback or UCONN Hockey and Basketball games, students will have ample opportunities for primary source research to inspire their capstone projects creating a fan-based marketing campaign for their favorite team.

Coding Bootcamp

Cost: \$100

10 Students

Learn to code in this hands-on bootcamp. Students will learn the basics of Python through a series of projects, including designing a website with HTML. In the second week, students will use their new skills to build projects of their choosing. We will also hear from guest speakers who use coding in their jobs to learn about real-world applications and potential career-paths. Are you interested in artificial intelligence? Do you want to make your own video game? Do you want to bring your code to the 3D world with robotics? Student interest will shape our explorations through any or all of these topics.

College Tours of the Northeast

Cost: \$500

10 Students (*Restricted to Juniors Only*)

Finding the right college fit can be a crucial step in setting oneself up for success. Different types of colleges offer unique opportunities and environments, and understanding the various options available is essential in making an informed decision. By visiting various colleges in the area, students will gain essential knowledge to make well-informed decisions regarding their post-secondary pathways. By participating in this Winterim, students will gain a solid understanding of the different types of colleges available to them and develop the skills to evaluate their options effectively, ultimately helping them make informed decisions about their post-secondary education.

Dissection Connection

Cost: \$200 - \$300

10 Students

In Dissection Connection, you will be given the opportunity to gain a greater understanding of the evolution of animal body systems in a concentrated two week course. Through hands-on experience with the dissection of whole animal specimens, as well as mammal hearts, eyes, and other organs, you will see firsthand the “stages” of the evolution of animals and what makes these organs function. You will also be able to identify, label, understand, and describe what you are seeing in front of you.

ON CAMPUS OPTIONS

Forged in Forman

Cost: \$1,300

10 Students

In this hands-on Winterim, students will work with professional and award-winning blacksmiths to learn the art of metalcraft. Students will travel off campus to a local forge to learn the basics for the first week of the course, and spend the second week using what they've learned to craft their own knives. Students will develop an understanding of the basics of metalsmithing, blade safety, and self-defense. Students will also view documentaries about smithing and visit nearby forges and blade museums. The course will conclude with a showcase of students' learned skills.

Forman Pinnacle Fitness

Cost: \$750

10 Students

Embark on a transformative journey towards holistic well-being with our two-week fitness program designed for students on campus. Discover the perfect balance between physical vitality and mental resilience as you engage in dynamic workouts, tailored to suit busy academic schedules. Elevate your energy levels, boost cognitive performance, and foster healthy habits that extend beyond the program's duration. Join a supportive community committed to your wellness journey, and experience the synergy of personalized fitness plans, expert guidance, and a vibrant social atmosphere. Unleash your full potential—it's not just a fitness program; it's a lifestyle revolution. Embrace the best version of yourself with our unique approach to integrated wellness.

Knit Your Face Off

Cost: \$500

10 Students

Students will follow the journey of yarn from sheep to the hat/blanket/sweater of their dreams! We will visit local sheep farms, observe and learn about the shearing process, spin raw wool into yarn, dye yarn, visit local fiber art studios, artisans, and museums, and produce group and individual fiber arts projects.

Picture This: Analyzing Acclaimed Films

Cost: \$175

10 Students

Each winter, the Academy of Motion Picture Arts and Sciences chooses 10 films that represent the best of the best in movie making from the previous year. Over the course of this Winterim, students will begin by gaining a foundational knowledge of the filmmaking process, including areas such as directing style, cinematography, screenwriting, and genre. With this foundation, students will then watch all 10 Best Picture nominees, followed by discussion and analysis of the themes and content of each film. Day trips include outings to local cinemas and the Museum of the Moving Image in New York City. At the end of the program, students will make their own predictions about the Best Picture winner based on their in-depth knowledge of each film.

ON CAMPUS OPTIONS

Stained and Fused Glass

Cost: \$1,500

10 Students

Have you ever dreamed of creating a stained glass window? This Winterim session will give you the opportunity to. We will explore stained glass as viewers, designers, and creators. There will be opportunities to explore stained glass within the region and meet with local makers. We will take what we learn and apply it into our own designs. Through cutting, grinding, and assembling glass, our designs will come to life in the most spectacular way once the light shines through. This Winterim will utilize workshop spaces on and off campus to expose students to the variety of ways in which glass is turned into beautiful works of art.

The Art of Poetry

Cost: \$150

10 Students

In this Winterim, students will get global and local inspiration as they develop their own voices as creators. We will learn about poetic styles from around the world, with a focus on combinations of the visual arts and poetry, such as Japanese surimono or the art books of the twentieth century avant-garde. Our workshops will focus on collaborative forms, such as the Japanese tradition of the haiku party, or poems in response to others' artwork. We will gain inspiration from Litchfield's history and the local environment, as well as day trips to the homes of famous poets from the region. Students will have the opportunity to combine haiku and other poetic forms with photography, collage, or the medium of their choice to produce an illustrated poetic portfolio of their own, and will also get coaching on submitting their poems to statewide and regional poetry competitions.

Wilderness First Responder Certification Course

Cost: \$950

10 Students *(Must be at least 16 years of age)*

Since 1975, SOLO (Stonehearth Open Learning Opportunities) has taught wilderness/extended care emergency medical courses, from basic to very advanced. SOLO's Wilderness First Responder (WFR) course is the recognized industry standard for wilderness medical training for those who work as backcountry trip leaders, camp counselors, mountain guides, river guides, and ski patrollers. The WFR course is the perfect certification for anyone working in a position of leadership in an outdoor setting or for individuals who want a high level of wilderness medical training for extended personal backcountry trips or expeditions. The WFR is 72+ hours long (eight to ten days) and is a comprehensive and in-depth look at the standards and skills of dealing with: Response and Assessment, Musculoskeletal Injuries, Environmental Emergencies and Survival Skills, Soft Tissue Injuries, and Medical Emergencies. A SOLO instructor will come to Forman's campus to teach the course. There will be both classroom work and hands-on practical exercises that will take place both in the classroom and throughout the Forman School property. Students must be at least 16 years of age to take this course.

Winter Olympic Athlete Experience

Cost: \$1,500

10 Students

Dive into the fascinating history of the Winter Olympics, uncovering its significance through key milestones and pivotal events that have shaped its evolution. Engage with the diverse array of winter sports featured in the Olympics, from figure skating to curling, as you learn about their rules, equipment, and the remarkable athletes who have left an indelible mark on the sporting world. Embrace the spirit of service and inclusion through volunteer opportunities with the Special Olympics, gaining invaluable firsthand experience in supporting and engaging with athletes while earning community service hours. Immerse yourself in a short trip to the historic setting of Lake Placid, where the 1932 and 1980 Winter Olympics unfolded, including the iconic Miracle on Ice moment.